

## Seize the day

EXCELLENCE. RESILIENCE. INCLUSION.

**Headteacher: Mr Alexander Silk, MA , NPQH**

**18th March 2026**

Dear Parents/Carers,

I hope this newsletter finds you and your families well. An early Thursday update for you this week due to the shorter week.

As we move towards the final week of the Spring term, I would like to extend my warmest wishes to all members of our community who will be celebrating Eid. Eid Mubarak to you and your loved ones, and I hope the coming days bring peace, reflection and a joyful time spent with family and friends. Alongside this important moment of celebration, we look ahead to a purposeful and productive final week in school, where maintaining strong routines, sustained focus on learning and continued celebration of students' achievements will enable us to bring the term to a positive and successful conclusion before the 2-week Easter holiday.

### **Social media support for families**

There has been growing media attention on social media and the impact on children and young adults. Previously, I have highlighted the growing concerns around harmful content being shared on TikTok and other social media platforms by young children and 'influencers'. I would like to take this opportunity to reiterate the importance of parents and carers, particularly those who are the account holders or bill payers for mobile devices, regularly checking privacy settings, monitoring online activity and being aware of the content young people may be accessing.

Open and ongoing conversations with your child about their online experiences are extremely important. Encouraging them to speak up and report anything they see online that makes them feel uncomfortable can help ensure they feel supported and safe. If you have any safeguarding concerns, please do contact the school so that we can provide appropriate support.

### **School closure on the 19th and 20th March (Thursday and Friday)**

To all members of our school community and local neighbourhood who will be celebrating Eid, we extend our warmest wishes for a peaceful and blessed Eid. As previously communicated, the school will be closed to students on Thursday 19th and Friday 20th March, and these will be the only days authorised for religious observance. It is therefore important that students attend punctually and maintain full attendance on all other days during the week. To all families preparing to mark Eid, Eid Mubarak in advance. I hope you enjoy a joyful and memorable time with your loved ones.

### **Non-Uniform Day – Thursday 26th March 2026**

We're excited to announce that Thursday 26th March will be a non-uniform day at Connaught School For Girls, organised by our Student Voice team to raise money for *Breast Cancer Now*. *Breast Cancer Now* is a research and support charity that helps those with a breast cancer diagnosis. By 2050, *Breast Cancer Now* plans to make sure that every person diagnosed with breast cancer lives. They research into the prevention of breast cancer, better treatment options, how to support those living with the disease, and how to stop breast cancer from recurring. Students can wear their own clothes instead of school uniform and should bring a £1.00 donation to take part. This must be given to your form tutor during registration time in the week starting Monday 23rd March. All money raised will go directly to *Breast Cancer Now*.

Please remember that whilst students can wear your own clothes, they should still be appropriate for school. This means clothing should be suitable and appropriate for a school environment, tops should have sleeves and provide appropriate coverage, no offensive slogans or images, footwear should be safe for moving around school, no flags or flag 'make-up', no acrylic or false nails and discreet make-up only, lashes allowed for non-uniform day ONLY, and jewellery is permitted but no hoops or dangly earrings (for health and safety reasons). We're looking forward to seeing your creative outfits and raising money for this important cause! Thank you for your support.

### **CSFG Student Voice**

### **Parent/Carer survey March 2026**

We place great importance on listening carefully to the views of our parents and carers, and we would very much welcome your feedback about your experience of Connaught School for Girls. Your insights are invaluable in helping us to recognise what we are doing well and, just as importantly, to identify the areas where we can continue to grow and improve. By sharing your perspectives, you play a direct role in shaping the priorities we set as a school, from the quality of teaching and pastoral support, to communication, enrichment opportunities and the overall well-being of our students.

Separately, we will also be gathering the views of students through a school-based survey, enabling us to triangulate feedback from both students and parents. This helps us to build a richer, more balanced understanding of the school experience and ensures that any improvements we make are informed by the perspectives of the whole community, allowing us to continue strengthening the quality of provision and the overall environment in which our students learn and grow.

We know that strong schools are built on strong partnerships, and meaningful engagement with parents is a vital part of that journey. When families take the time to reflect on their child's experience and provide thoughtful feedback, it enables us to make informed, evidence-based decisions that will benefit not only your own child but the wider school community. We are therefore keen to hear from as many parents and carers as possible.

Please do take a few minutes to complete our parent survey by **Friday 17th April**. The survey should take no longer than **10–15 minutes to complete**. Thank you in advance for taking the time to share your views with us. Your voice genuinely matters, and your feedback will help us continue to build a school where every student can thrive.

Use this link [HERE](#) or copy and paste this link to your browser:

<https://forms.gle/k5q9S515UGSpsbJe6>

## Assembly next week

The only assemblies next week will be the end of celebration assembly on Friday, 27th March. A reminder that Year 10 and 11 students will finish school at 12pm and Years 7 - 9 students will finish school at 1pm.

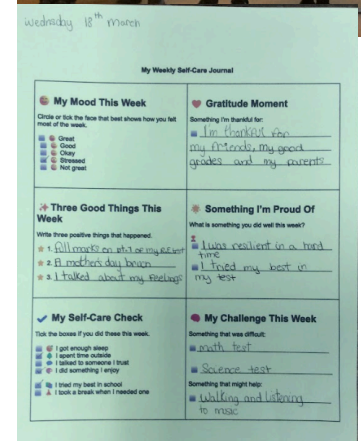
## Year 7 Year Group Assembly

The assembly this half-term was delivered by 7W on the topic of self-care. Students heard a delightful poem, written by Shian as well as guidance on self-care from Izel, Miriam, Julia and Adn. Students then had the opportunity to fill their own Self-Care journal. Please click on the following link to watch the self-care video [Self-Care](#)

Thank you to 7W and Ms Wallace for a very informative assembly.

## Poem from Shian, 7w

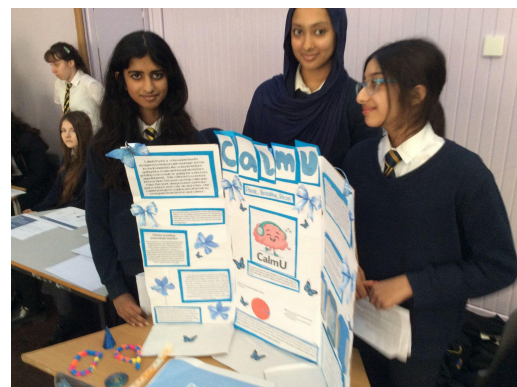
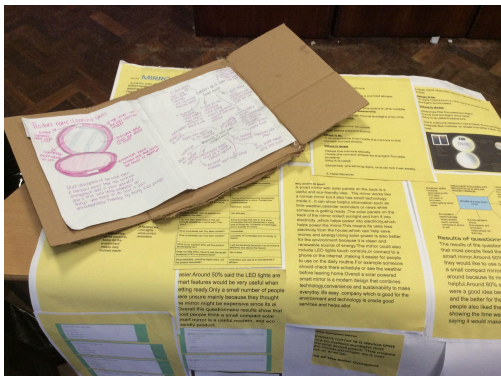
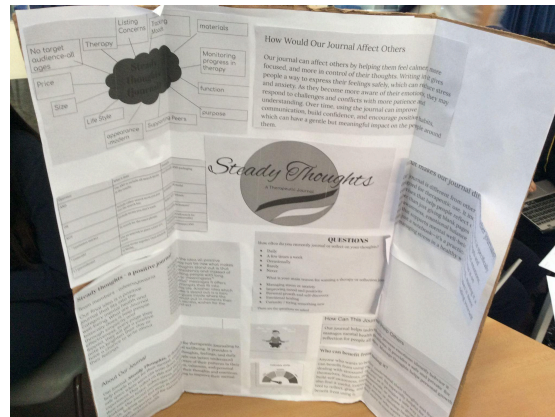
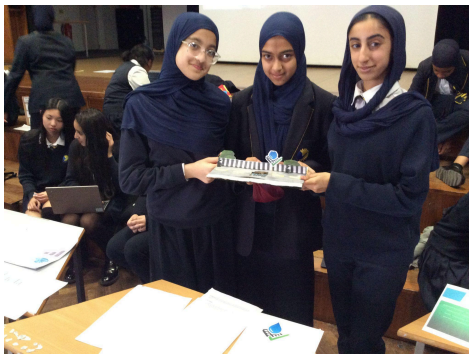
Some days feel heavy, loud and long  
Like everything is going wrong  
Your head feels full, your thoughts all race  
And you just need a quiet space  
So take a breath and slow your pace  
You don't have to win every race  
Sit for a while, look at the sky  
Watch the soft clouds drifting by  
Drink some water, stretch a bit  
Rest your mind and quietly sit  
Read a page or play a song  
Little breaks can help along  
Talk to someone, laugh out loud  
Step away from all the crowd  
Even small things that you do  
Can bring some calmness back to you  
So when the world feels hard to bear  
Remember to give yourself some care  
Not every day must be perfect or fair



Sometimes it's just enough to be there

## TeenTech Fair

Today we saw our Year 9s present their TeenTech projects that they have worked very hard on. The TeenTech Awards asks students to create an idea that makes lives better, safer or more fun using STEAM skills. Students learned how to effectively research, including asking industry experts and creating questionnaires, which informed their final product. We saw some very impressive ideas!



## Stir Food Catering

When students return from the Easter Break a new catering company will be providing school meals. After a short tendering process Stir Food Catering have been awarded the contract as new provider, over the last few weeks we have been working with them on student allergen information, menus, promotional material and mobilisation. I can confirm the price of a school meal will remain the same at £2.88, We are also looking into options for students to choose from a variety of items if they prefer not to eat the set menu. Information about Stir Food can be found here at

[Stir Food](#).

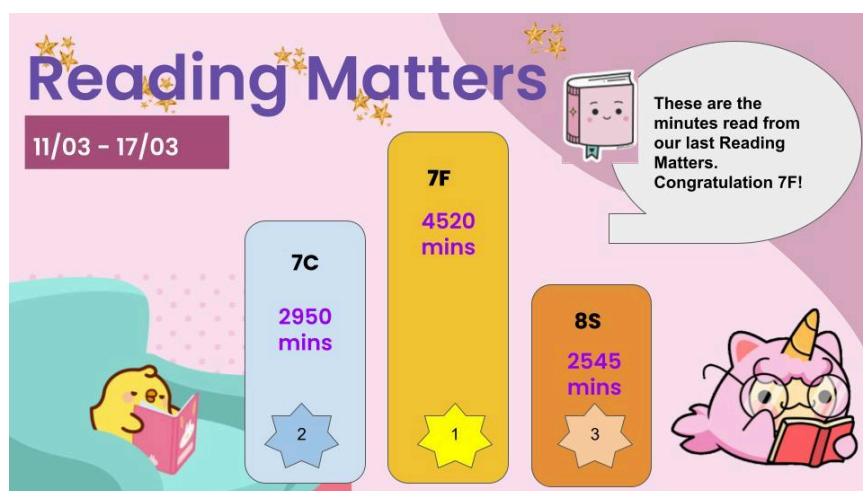
We are planning to launch the final menus on the school website in the coming weeks

## Bedrock Leaderboard

The following students have gained the most points this week and are in the top 10! Postcards will be coming your way.

Leila Siraz 8C → 127 points  
Tayba Hussain 8S → 66 points  
Hiba Abbas 7C → 62 points  
Ozelle Villiers 8W → 55 points  
Gabrielle Djemili-Arnold 8S → 52 points  
Maryam Rizwan 8W → 52 points  
Rosanna Drew Rennie 7S → 52 points  
Eirini Duncan 7C → 46 points  
Adn Amir 7W → 45 points  
Mysha Mohungoo 9F → 42 points

## Reading Matters



Congratulations 7F on being this week's Reading Matters Winners!

The top reader in each form this week, and receiving a post card are:

Year 7: Mahnoor Ali 7C,  
Sumaiyah Abdul-Qadir 7F,  
Rosanna Drew Rennie 7S,  
Imaan Mohammed 7W

Year 8: Zairah Ahmed 8C, Haniah Kodabux 8F, Sofia Abid 8S, Ozelle Villiers 8W

## Extra-Curricular Provision

Please find the ECP schedule for the Spring term below. To sign up for a club, students need to see the teacher who is leading the club in advance to sign up. If the club is at lunchtime, students need a note from them in their diary to be able to access early lunch and be able to enter the building by room 1.

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Before school</b>	Library Club 7:50-8:20 Library ET	Library Club 7:50-8:20 Library ET	Library Club 7:50-8:20 Library ET	Library Club 7:50-8:20 Library ET	Library Club 7:50-8:20 Library ET
	Breakfast Club 7:40-8:20 Dining hall PET	Breakfast Club 7:40-8:20 Dining hall DIA/PET	Breakfast Club 7:40-8:20 Dining hall DIA/PET	Breakfast Club 7:40-8:20 Dining hall DIA/PET	Breakfast Club 7:40-8:20 Dining hall DIA/PET
<b>Lunch time</b>	Year 8-11 Ted Team SIL HT Office	Year 8-11 Ted Team SIL HT Office	Year 8-11 Ted Team SIL HT Office	Year 8-11 Ted Team SIL HT Office	Year 8-11 Ted Team SIL HT Office
	LEGO Club CJ/DF Room 20	Homework Club NA Room 20	Homework Club DL Room 20	Homework Club RIC Room 20	Year 11 Biology Clinic AMR Mobile
	Key Stage 4 Art and Photography Club ELB Room 9	Key Stage 3 Reading Club RAH Room 36	Key Stage 4 Art Club HCO Room 17	Key Stage 3 Computing and Coding Club ALK Room 33	11x/Ma6 Maths Intervention RGN Room 3
	Year 10 Drama Rehersals MAL Drama Studio	Year 7 Cooking Club WAL Room H1	Year 7 Nuture Club ELK Room 42	11x/Ma3 Maths Intervention PET Room 10	Rollerskating Club DIA/GAG Gym
		Year 11 Geography Intervention DES Room 7	Year 11 Sociology Intervention KAD Room 5	Badminton Club GAG Gym Week B	Crochet Club HUS Room 17
		Year 11 English Literature Revision CAR Room 34	Textiles Club RAN Room H2	Year 9 Poetry Club BUR Room 35	Year 8 Connections Club ALI Room 38
		Year 11 History Intervention KLE Room 6	Green Ambassadors DES Room 7 Week A Only	Year 11 French Intervention FER Room 41	Drama Club MAL Hall
		Year 8 Attend Club ALI Room 38	Duke Of Edinburgh Support DES Room 7 Week B Only	Year 11 Chemistry Clinic AMR Mobile Week A Only	
		Drama Club MAL Hall	History Film Club KLE Room 6	Year 11 Drama Drop In Session MAL Drama Studio	
		Key Stage 3	11x/Ma2 Maths		

		Futsal Club KAD/GAG Gym	Intervention ADO Room 4 Week B Only		
		11x/Ma5 Maths Intervention LAB Room 37	Dodgeball Club GAG Gym Week B		
			Year 7-10 Let's Celebrate KHL Room 39		
			Year 9 Teen Tech Awards KHN Library		
			Year 11 Spanish Intervention (Week A 11M; Week B 11N) EMA Room 40		
			Key Stage 3 Waterpainting Club ELB Room 9		
<b>After school</b>	11x/Ma4 Maths Intervention AUL Room 1	Year 10 Maths Action Tutoring IN Room 4	Year 10 English Action Tutoring CAR Room 4	Year 11 Textiles coursework Club RAN Room H2	Year 11 Physics and Chemistry Intervention MUJ Lab 3
	Key Stage 4 Art and Photography Club ELB Room 9	Year 9 and 10 Debate Club KHN Library		Year 10 PE BTEC Booster Sessions DIA/GAG Room 32 Week B Only	11x/Sc3 Science Intervention Lab 4 IQB Week B
	Year 10 Drama Rehearsals MAL Drama Studio	Leyton Orient Football Club GAG Gym			
		Year 11 Drama Intervention MAL Room 8			

Wishing you a great extended weekend, and to all celebrating Eid this week, we wish you a blessed Eid with friends and family.



Mr. Silk  
**Headteacher**