

WEEK 1

w/c: 13/04, 04/05, 25/05, 15/06, 06/07, 27/07, 17/08, 07/09, 28/09, 19/10

Menu



MONDAY

WILD GREENS

NATURES KITCHEN

TUESDAY

TAVERNAKI

FLAVOURS FROM GREECE

WEDNESDAY



THURSDAY

EAT EAST

STREET FOOD

FRIDAY



PASTA POMODORO Pasta with a Herby Tomato Sauce Roasted Vegetables & Spinach	TRADITIONAL GREEK GYROS Greek Chicken Pitas	LEMON & HONEY GLAZED CHICKEN THIGHS	HOISIN CHICKEN Tender Marinated Chicken Thigh Slow Roasted	BREADED FISH FILLET - MARGHERITA PIZZA - CHIP SHOP CHICKEN SAUSAGE - CHICKEN NUGGETS (3) - PLANT BASED SAUSAGE ROLL Any of the above with Chips & Peas or Beans
RED LENTIL & SPINACH PIE Baked Garlic & Lemon Potatoes	CHICKPEA ARAYES Stuffed Pita Breads	SPRING VEGETABLE TART	CRISPY ASIAN CAULIFLOWER Sweet Chilli Cauliflower Pieces	
House Mixed Salad with Italian dressing	Served with Pitta bread, Pickled red Cabbage and mixed leaves.	Served with Crispy Roasted Potatoes & Mixed Green Vegetables	Steamed White Rice & Charred broccoli	
GRAB N GO OPTIONS				
CRISPY CHICKEN BURGERS	PIZZA SLICES	MINCE BEEF & ONION SLICES	CHICKEN CHOW MEIN NOODLES	BBQ CHICKEN & CHEESE BAGELS

AVAILABLE DAILY - HOMEMADE TOMATO PASTA OR

JACKET POTATO WITH A CHOICE OF CHEESE, BEANS, TUNA MAYO OR SIMPLY WITH BUTTER.



WEEK 2

w/c: 20/04, 11/05, 01/06, 22/06, 13/07, 03/08, 24/08, 14/09, 05/10

Menu



MONDAY



PIRI PIRI CHICKEN BURGER
Lightly Spiced Chicken Thighs

GARLIC & HERB CAULIFLOWER BURGER

Served with Paprika Potato Wedges & Sweetcorn

TUESDAY



MEXICAN CHICKEN TACO
Traditional Mexican Chicken Pork on a Crispy Tacos

EAT CURIOUS CHILLI
Lightly Spiced Mexican Bean Chilli

Served with Mexican Rice & Green beans

WEDNESDAY



GARLIC & HERB ROAST CHICKEN

BAKED VEGETABLE PARMIGIANA

Served with Crispy Roasties & Seasonal Vegetables

THURSDAY



CLASSIC CHICKEN TIKKA MASALA

SWEET POTATO & COCONUT DHAL

Served with Steamed Rice Cumin Roasted Carrots

FRIDAY



BREADED FISH FILLET

-
MARGHERITA PIZZA

-
CHIP SHOP CHICKEN SAUSAGE

-
CRISPY CHICKEN FILLET

-
PLANT BASED SAUSAGE ROLL

Any of the above with Chips & Peas or Beans

GRAB N GO OPTIONS

KATSU CHICKEN & RICE POTS

PIZZA SLICES

CHICKEN & LEEK SLICE

PIZZA PANINI
½ OR WHOLE

PIZZA PANINI
½ OR WHOLE

AVAILABLE DAILY - HOMEMADE TOMATO PASTA OR JACKET POTATO WITH A CHOICE OF CHEESE, BEANS, TUNA MAYO OR SIMPLY WITH BUTTER.



WEEK 3

w/c: 27/04, 18/05, 08/06, 29/06, 20/07, 10/08, 31/08, 21/09, 12/10

Menu



MONDAY TRADITIONAL

italio

PIZZA + PASTA KITCHEN

LASAGNA AL FORNO

Traditional Italian Lasagna Made with a Rich Pork Ragu

EAT CURIOUS LASAGNA

with Layers of Pasta & Rich Vegetable & Eat Curious Ragu

Served with Garlic Bread Slice & Mixed Salad

TUESDAY

SOUL KITCHEN

AFRO-CARIBBEAN INSPIRED

JERK CHICKEN THIGHS

Classic Jamican Spiced Chicken Thighs

JERK SWEET POTATO & BLACK BEANS

Served With Curried Coconut Rice & Garlic Green Beans

WEDNESDAY

ROTISSE
KING OF ROASTS

TRADITIONAL ROASTED CHICKEN

Served with stuffing & Gravy

VEGETABLE SAUSAGES

Vegan sausages

Served with Crispy Roasties & Seasonal Vegetables

THURSDAY

Laziz
MIDDLE EASTERN CUISINE

MOROCCAN CHICKEN MARQA

Aromatic Spiced Chicken

HOMEMADE SPINACH FALAFELS

Crispy Chickpea Patties & Mint Yoghurt

Served with Cous Cous, Khobez & Carrot Salad

FRIDAY

FINS & CO

- BREADED FISH FILLET**
-
- CHICKEN WINGS**
-
- MARGHERITA PIZZA**
-
- CHIP SHOP CHICKEN SAUSAGE**
-
- PLANT BASED SAUSAGE ROLL**
- Any of the above with Chips & Peas or Beans

GRAB N GO OPTIONS

PIZZA PANINI
½ OR WHOLE

CARIBBEAN HASH
WITH FRIED EGG

PIZZA SLICES

LOADED HOTDOGS

PIZZA PANINI
½ OR WHOLE

AVAILABLE DAILY - HOMEMADE TOMATO PASTA OR JACKET POTATO WITH A CHOICE OF CHEESE, BEANS, TUNA MAYO.

