KS3 OVERVIEW

What kind of learning will be set?	How should I complete/submit my home learning?	How will I receive feedback on my home learning?
Develop understanding of rules that govern invasion games	On GC, YouTube,BBC sport. (presentations/research projects)	Verbal/Written/kineasthetic/ Visual
Learning new techniques/refining existing skills for practical performances.	practice at home, teaching someone, recording and analysing own performance	Visual/ kinaesthetic/verbal
Analysis of performance videos	Same as above, YouTube and within lessons	Verbal/Written/Visual/kinae sthetic
Fortnightly		

KS4 OVERVIEW

What kind of learning will be set?	How should I complete/submit my home learning?	How will I receive feedback on my home learning?
Research and design own fitness workout	Written/Verbal	Verbal