

PE Curriculum overview Yr 7

<u>Term</u>	<u>Topic and key questions</u>	<u>Assessment structure</u>	<u>How parents can help</u>
<u>Autumn 1</u>	Overarm throw and catch	Key teaching points check list used by the teacher. Done at the start and end of unit.	Get your daughter to show you or tell you the correct technique for a throw and catch. Use the key teaching points to see if your daughter is meeting all of the criteria. Throw and catch a ball over varied distances with your daughter.
<u>Autumn 2</u>	Sprint run and side gallop	Key teaching points check list used by the teacher. Done at the start and end of unit.	Get your daughter to show you or tell you the correct technique for a sprint run and a side gallop. Use the key teaching points to see if your daughter is meeting all of the criteria. Do a variety of different races with your daughter.
<u>Spring 1</u>	Hop and skip	Key teaching points check list used by the teacher. Done at the start and end of unit.	Get your daughter to show you or tell you the correct technique for a hop and skip. Use the key teaching points to see if your daughter is meeting all of the criteria. Have different activities where your daughter can only move around by hopping or skipping.
<u>Spring 2</u>	Balance and kick	Key teaching points check list used by the teacher. Done at the start and end of unit.	Get your daughter to show you or tell you the correct technique for balancing and kicking. Use the key teaching points to see if your daughter is meeting all of the criteria. Kick a football around the park. Have competitions to see who can balance the longest in your family.
<u>Summer 1</u>	Leap and strike	Key teaching points check list used by the teacher. Done at the start and end of unit.	Get your daughter to show you or tell you the correct technique for a leap and a strike. Use the key teaching points to see if your daughter is meeting all of the criteria. Play games that require your daughter to hit a ball with a bat or racquet.

<u>Summer 2</u>	Vertical Jump and dodge	Key teaching points check list used by the teacher. Done at the start and end of unit.	Get your daughter to show you or tell you the correct technique for a vertical jump and dodging. Use the key teaching points to see if your daughter is meeting all of the criteria. Go on walks and find objects for your daughter to try and jump up and touch.
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PE Curriculum overview Yr 8

<u>Term</u>	<u>Topic and key questions</u>	<u>Assessment structure</u>	<u>How parents can help</u>
<u>Autumn 1</u>	Invasion Games- Court/Field (Modified small sided games, end zone, netball, football, tag rugby, European handball, basketball)	End of unit teacher observation assessment- professional judgment	Encourage/ help your daughter create and play games in the park.
<u>Autumn 2</u>	Target games and OAA (Outdoor Adventure Activities) (Boules, throwing/kicking at targets, initiative and team building activities)	End of unit teacher observation assessment- professional judgment	Engage in activities that require you daughter to 'think outside of the box'. This could be done as scenarios at home.
<u>Spring 1</u>	Striking and Fielding games (Rounders, cricket, uni hoc, softball)	End of unit teacher observation assessment- professional judgment	Practice hitting a ball with a bat or racquet.
<u>Spring 2</u>	Artistic/Rhythmic (Gymnastics, Dance, Aerobics)	End of unit teacher observation assessment- professional judgment	Encourage your daughter to show you the moves/sequences they have been learning in lesson.
<u>Summer 1</u>	Net and Wall games (Badminton, tennis, squash, paddle ball, volleyball)	End of unit teacher observation assessment- professional judgment	Play games that require your daughter to track an object and return it. Eg. Hitting a beach ball or balloon and keeping it up.
<u>Summer 2</u>	Athletics	End of unit teacher observation assessment- professional judgment	Have competitive/timed races.

PE Curriculum overview Yr9

<u>Term</u>	<u>Topic and key questions</u>	<u>Assessment structure</u>	<u>How parents can help</u>
<u>Autumn 1</u>	Netball and Basketball	Teacher constructed GPAI (game performance assessment indicator) or TSAP (tactical sport assessment procedure)	Practice passing and dribbling a large ball. Shoot a ball into a hoop from a range of distances.
<u>Autumn 2</u>	Cricket and European Handball	Teacher constructed GPAI (game performance assessment indicator) or TSAP (tactical sport assessment procedure)	Practice throwing a tennis ball. Practice striking a small ball with a bat. Throw a medium sized ball in to a small football goal.
<u>Spring 1</u>	Football and Outdoor Adventure Activities (OAA)	Teacher constructed GPAI (game performance assessment indicator) or TSAP (tactical sport assessment procedure)	Dribbling, passing and shooting a football. Kicking "piggy in the middle". Go on adventure walks.
<u>Spring 2</u>	Aerobics and Gymnastics	Teacher assessed performance	Encourage regular stretching.
<u>Summer 1</u>	Rounders and Uni Hoc	Teacher constructed GPAI (game performance assessment indicator) or TSAP (tactical sport assessment procedure)	Practice striking a small ball using any form of bat or racquet.
<u>Summer 2</u>	Athletics	Event results	Sprinting races. Throwing a range of objects.